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Please check the District Website, Food Services Tab to learn more.

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Reading School District Middle School Lunch Menu March 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

 <p>Alternate Entree of the week 2/26-3/1 - Italian Hoagie 3/4-3/8- Ham Sandwich 3/11-3/15- Turkey and Cheese Wrap 3/18-3/22- Crispy Chicken Salad w/Roll 3/25-3/29- Italian Hoagie * Daily option of PB & J or Yogurt Meal</p> <p>** Alternate Entree option will be served with fruit and vegetable of the day.***</p> <p>Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice</p>	Monday	Tuesday	Wednesday	Thursday	Friday
					1-Mar
					Pizza California Blend Vegetables Celery Sticks Pineapple Chunks Fresh Fruit
	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
	Meatball Sandwich Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	Chicken Tenders w/ Goldfish Crackers Baked Beans Salad Greens w/Dressing Mandarin Oranges Fresh Fruit	Beef Hot Dog on Bun Waffle Fries Fresh Veggies Peaches Fresh Fruit	Mac & Cheese w/Roll Steamed Peas Fresh Veggie Sticks Pears Fresh Fruit	Calzone w/Sauce Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
 <p>Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes</p> <p>** Fruit & Vegetable Provided Depend On Availability</p>	Chicken & Waffles Sugar Snap Peas Carrot Sticks Peaches Fresh Fruit	Nachos Grande w/ Turkey Taco & Queso w/ Chips Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples/Fresh Fruit Churro	Maxi Cheese Sticks w/ Sauce Steamed Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	Sweet-n-Sour Chicken Over Stir Fried Rice Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	Pancakes w/ Sausage Patty Hash Browns Fresh Celery Sticks Apples Fresh Fruit
	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
 <p>Milk 1% and Skim White Skim Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p>	Mega Mini Chicken Nuggets w/ Roll Baked Sweet Potato Tots Green Beans Peaches Fresh Fruit	Chicken or Beef Tamales Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Fruit Mix Fresh Fruit	Cheese Quesadilla Salsa Refried Beans Pears Fresh Fruit	Rotinit Pasta w/ Meatsauce & Breadstick Roasted Cauliflower Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	Grilled Cheese Sandwich Cherry Tomatoes w/ Ranch Dip Fresh Veggie Sticks Applesauce/Fresh Fruit Goldfish Crackers
	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
 <p>HEALTHY EATING</p>	No School	No School	No School	No School	No School
 <p>The Knight LUNCH Meal Deal * Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal! Choose ONE Entree: Daily Entree Special Alternate Entree Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving) Choose up to TWO Veggies: Daily Vegetable Assorted Fresh Veggies</p>					